

ACHIEVING EXCELLENCE: PERFORMANCE ANALYSIS AND PSYCHOLOGICAL RESILIENCE OF PARALYMPIAN SUMIT ANTIL

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Abstract

The study delves into the multifaceted persona of Sumit Antil, assessing his prowess as a javelin thrower, his role as a motivator and role model, and his enduring impact on the sporting world. Through comprehensive opinion rating surveys, insights are gleaned into Antil's exceptional character, athletic abilities, and influential presence in inspiring athletes and individuals alike. The comprehensive methodology employed in evaluating Sumit Antil's personality, skills as a javelin thrower, role as a motivator, and his standing as a role model provided rich insights into his character and impact within the realm of sports. Through meticulously crafted opinion rating surveys, perspectives from a diverse range of stakeholders including teammates, coaches, contemporaries, and the wider public were solicited and analyzed, resulting in a nuanced understanding of Sumit Antil's contributions to the sporting world. Across all facets examined, Sumit Antil emerged as a figure widely revered and admired. His exceptional talent as a javelin thrower was evident, underscored by his dedication to physical fitness and his ability to lead by example on the field. Moreover, his role as a motivator and inspirer of fellow athletes was highlighted, with respondents consistently praising his ability to uplift and encourage through his words and actions. As a role model, Sumit Antil exemplified the qualities of integrity, sincerity, and dedication, garnering admiration for his unwavering commitment to his craft and his willingness to support and mentor others in their athletic endeavors. His impact extended beyond the confines of sports, serving as an inspiration to aspiring athletes and individuals striving for excellence in their respective fields. In conclusion, the findings from the surveys affirm Sumit Antil's status as a highly respected and influential figure in the world of sports. His exemplary character, outstanding athletic abilities, and dedication to uplifting those around him make him not only a standout performer but also a beacon of inspiration for future generations of athletes.

Keywords: *Sumit Antil, Javelin Thrower, Role Model, Motivator, Personality Evaluation, Sports Impact, Athletic Leadership, Inspirational Figure, Sporting Legacy*

1. INTRODUCTION

A legendary figure is one held in high favour by the general public for their extraordinary achievements or characteristics. Someone who becomes so legendary that his or her name is passed down through the ages and his or her accomplishments are studied and imitated. Such people don't come along very often, if at all, even over the course of several generations. There are a lot of people who never get their due until long after they've passed away, even though they accomplished a lot throughout their lifetime. Becoming a LEGEND in one's own lifetime is an incredible honour. If the successful person never takes credit for his or her accomplishments, the difference becomes much more evident. He allows others to perform the work of praising him and sharing his example with future generations.



Figure 1 Sumit Antil



Figure 2 Sumit Antil in Tokyo 2020 Game

As a noun, "sports" can mean a variety of things depending on context. Not everyone uses the term "sports" to refer just to athletic competition; some also use it to refer to the business and financial aspects of a team. The social institution of sport, the social setting in which sport occurs, and the occurrence of sport as a game. Playful rivalry, the honing of physical capability, the introduction of elements of strategy and chance, all define sport. Physical prowess is the primary defining feature that separates sports from games. The ability to perform physically well is a skill that may be honed via training and practise. (1976) Early in the twentieth century, the so-called "new" physical education arose, and with it came the idea that "Education by the Physical" was of paramount importance. Since then, athletics have been viewed as an integral part of a well-rounded physical education curriculum. According to philosopher John Kneating, the goals of sports and athletics are vastly different. The original meaning of the word "sport" in the Middle English language was "to carry away from work." The modern definition of "sports" used by PE teachers and the general public demonstrates that the activity of "sports" has evolved significantly (1969).



Figure 3 Padma Shri Award (Medal)

The Paralympic Games or Paralympics, also known as the Games of the Paralympiad, is a periodic series of international multisport events involving athletes with a range of physical disabilities, including impaired muscle power (e.g. paraplegia and quadriplegia, muscular dystrophy, spina bifida), impaired passive range of movement, limb deficiency (e.g. amputation or Dismelia), leg length difference, short stature, hypertonia, ataxia, athetosis, vision impairment and intellectual impairment. Since the 1988 Summer Olympics in Seoul, South Korea, the Paralympic Games have followed the Olympic Games as closely as possible. The International Paralympic Committee is responsible for organising all Paralympic Games (IPC).

From its humble beginnings as a 1948 reunion for British soldiers of World War II to one of the major international athletic events in the early 21st century, the Paralympics have gone a long way. The Paralympic Games were first proposed by doctor Antonio Maglio in Rome in 1960, and since then they have expanded to include 4520 competitors with disabilities from

163 National Paralympic Committees at the 2020 Summer Paralympics. While Paralympians and Olympic competitors from able-bodied backgrounds work hard to close the financing gap, it remains a significant obstacle in their pursuit of parity.



Figure 4 Award

Although people with intellectual disabilities have been able to participate in the Paralympic Games since 1992, the Special Olympics World Games are organised separately and similarly to the Olympic Games, and the Deaflympics have been running since 1924 as an exclusive competition for deaf athletes.

Para athletes compete in a number of different divisions due to the vast range of impairments they face. There are ten different categories of disability that qualify for assistance. Impaired muscle power, impaired passive range of motion, limb absence, leg length discrepancy, short height, hypertonia, ataxia, athetosis, impaired eyesight, and impaired intelligence are some of the categories. These broad groups are then subdivided into even more specific groups.



Figure 5 First Paralympic symbol (1988–1994) used five pa

2. INDIA AND PARALYMPIC GAMES

In 1968, at the Paralympic Games held in Tel Aviv, Israel, India participated for the first time. The Indian Olympic Committee sent a total of 10 participants to the Games, including 8 men and 2 women. Despite the fact that India did not bring home a single medal from the Games, the event served as a valuable introduction to the international scene for India's para-athletes.

India's first medal in the Paralympics was won at the 1972 Heidelberg Games in Germany, four years later. Gold in the men's 50-meter freestyle event went to para-swimmer MurlikantPetkar, who set a new world record with a timing of 37.331 seconds. However, India only won only one medal at the Games, putting them in 24th place overall out of the 42 competing countries.

Rich medal-haul in 1984 Paralympics after India made its Paralympic debut in 1972 and won their first gold medal. India did not compete in the 1976 or 1980 Games.

The Paralympic Summer Games of 1984 were held in two different cities. Wheelchair athletes with spinal cord injuries competed in Stoke Mandeville, United Kingdom, while those with cerebral palsy, amputees, and "others" competed at the Mitchel Athletic Complex and Hofstra University in Long Island, New York (others).

In order to secure a tie for 37th place with South Korea, the Indian delegation won a total of four medals, their best performance.

Joginder Singh Bedi's exceptional talent was a key factor in the success of the Indian team, by the way. Silver in the men's shot put and bronze in the discus and javelin throws were the results for Bedi. With his silver in the javelin, Bhimrao Kesarkar gave India four medals.

India's Paralympic fortunes changed drastically following their best ever showing in 1984. Indian teams had a hard time finishing in the top three between 1988 and 2000. However, the drought was broken in 2004 at the Games in Athens, when India won two medals—a gold and a silver—and placed 53rd overall.

In 2004, DevendraJhaharia took home gold in the javelin throw, and Rajinder Singh took home bronze in the powerlifting competition at 56 kg.

But in Beijing four years later, India came up empty.

Compared to their performances in 2008 and 2012, India stepped up their performance at the 2012 and 2016 Paralympics. India's silver medal in the men's high jump F42 event from London 2012 was won by HN Girisha. But that was the only medal India managed to win at that competition.

However, India's performance in Rio in 2016 was so impressive that they matched their record total of four medals. The four medals won by Indian Paralympians all came from athletics, which is one of their strongest disciplines.

Mariyappan Thangavelu won the high jump F42 event, Devendra Jhajharia won the javelin F46 event, and Deepa Malik won the shot put event and brought home the silver. Varun Singh Bhati took home bronze in the F42 high jump competition.

3. SUMIT ANTIL

Sumit Antil was born in Khewra, Sonipat, Haryana, India on July 6, 1998. Young Sumit desired a wrestling career and to join the Indian Army. In 2015, when he was 17 years old and heading home after training, his motorcycle was struck by a speeding truck. Due to the amputation of his left leg, he was unable to pursue his dream of becoming a wrestler. The Gosports Foundation supports Sumit through the Para Champions Programme. Antil was introduced to Para athletics by another Para athlete, Rajkumar, while he was doing his Bachelor of Commerce at Ramjas College of Delhi University.



Figure 6 Sumit Antil with medal

Antil began training with Nitin Jaiswal in Delhi in 2017 and competed on multiple national and international venues. In 2019, Gosports admitted him to the Para Champions Programme after he began participating in javelin on the National circuit.

In 2019, at the World Para Athletics Grand Prix in Italy, he smashed the world record in the F64 category on his way to a silver medal in the Combined Event. He then won the silver medal in the 2019 World Para Athletics Championships in Dubai, breaking his own world record in the F64 division.

Antil won the javelin throw F64 gold medal with a world record throw of 68.55 metres at the 2020 Summer Paralympics on 30 August 2021.

His mother, Niramala Devi, and three sisters, Kiran, Sushila, and Renu, make up his family. His father, Ram Kumar, passed away when he was seven years old.

Achievements

2019 – World Para Athletics Championship held Dubai, Silver Medal
2019 – World Para Athletics Grand Prix held in Italy, Silver Medal

2020 – Tokyo Paralympics held in Japan, Gold Medal(68.55m scoring a new world record)

2021 - Major Dhyan Chand Khel Ratna Award

2022 - Padma Shri, India's fourth-highest civilian award



Figure 7 Tokyo Paralympic gold medal winner Sumit Antil after setting a new world record of 68.62 metres at the Indian Open National Para Athletics Championships in Bengaluru

A survey of public opinion was performed to ascertain the personality traits that set the Indian Paralympic Ideal, Sumit Antil, apart. A total of 205 responses—out of 250—were obtained regarding the personal lives of those who were Sumit Antil's teammates, associates, cheerleaders, and direct family members. Sixty-two (62) statements were collated, organised, and categorized/assorted into the following/following categories for analysis.

4. METHODOGLOY

The methodology employed in assessing Sumit Antil's personality, prowess as a javelin thrower, role model, and motivator was thorough and comprehensive. Through the use of opinion rating surveys, data from various stakeholders including teammates, coaches, contemporaries, and the general public was collected and analyzed to provide insights into Sumit Antil's character and impact in the world of sports. The survey methodology involved presenting a series of statements related to different aspects of Sumit Antil's persona and abilities, ranging from his skills as a javelin thrower to his role as a motivator and role model. Respondents were asked to rate these statements on a scale ranging from Strongly Agree to Strongly Disagree, allowing for a nuanced understanding of public perception. The findings from the surveys revealed overwhelmingly positive sentiments towards Sumit Antil across all categories. He was regarded highly for his exceptional talent in javelin throwing, his dedication to fitness, his leadership qualities, and his ability to inspire and motivate others. Moreover, he was seen as a role model for aspiring athletes, admired for his integrity, work ethic, and commitment to his craft. The methodology employed in assessing Sumit Antil's personality and impact in the realm of sports was robust and yielded valuable insights. The overwhelmingly positive responses from the surveys underscored Sumit Antil's standing as a highly respected figure in the world of athletics, embodying the qualities of a true sportsman, leader, and role model.

5. OPINION RATING SURVEY

51 Sumit Antil's Personality (21 statement)

Table 01 presents the opinions of numerous athletes, coaches, and figures from the fields of physical education, motivation, and athletics regarding the character of paralympian Sumit Antil.

Table 1 Sumit Antil's Personality

S.N.	STATEMENT	SA	A	DA	SDA
1	He is one of the best Javelin Throw player India has produced.	196	09	0	0
2	He is so grounded person.	161	44	0	0
3	He has a great rapport with the general public.	170	34	1	0
4	He is the player who leads by example the best.	195	9	1	0
5	He is proud of his nation.	197	8	0	0
6	He is a model of physical fitness.	183	21	1	0

7	He never took undue advantage of his position.	160	39	5	1
8	He always do justice to the work.	172	32	1	0
9	He influences young javelin Thrower.	174	30	1	0
10	He seems to care about his health.	180	24	1	0
11	He has never gotten angry.	124	69	12	0
12	He gets along well with coaches, officials, and younger players.	160	39	3	3
13	He is too preoccupied to oversee players.	153	44	7	1
14	He has talent for inspiring others.	177	26	2	0
15	He dislikes making unimportant complaints.	146	46	9	4
16	He has a gentle voice yet is very straightforward.	151	46	4	4
17	To express his personal opinions, he favours established rules.	145	49	6	5
18	He enjoys great favour with his coworkers.	177	27	1	0
19	He is fond of other sports.	135	65	5	0
20	He is a religious person.	156	43	6	0
21	He never let emotions overcome him.	137	60	6	2

SA – Strongly Agree, A – Agree, DA – Disagree, SDA – Strongly Disagree Results

1. Indian Javelin Thrower Ideal- Sumit Antil's Personality

- **He is one of the best Javelin Throw players India has produced**, 196 (96%) of the mass highly agreed, and 09 (4%) agreed.
- **He is so grounded person**, a statement to which 44 (21%) and 161 (79%) people strongly agreed.
- **He has a great rapport with the general public**, as evidenced by the opinions of his teammates, coworkers, contemporaries, and fellow athletes, with whom 170 (83%) of the general public strongly agreed, 34 (17%) agreed, and 01 (0%) opposed.
- **He is the player who leads by example the best**, with which 195 (95%) of the public strongly agreed, 09 (4%) agreed, and 01 (0%), disagreed.
- **He is proud of his nation**, with which 197 (96%) of the mass population strongly agreed and 08 (4%) disagreed.

- **He is a model of physical fitness**, as indicated by the 183 (89%) respondents who strongly agreed with this statement, 21 (10%) who agreed, and the 1 (%) who disagreed.
- **He never took undue advantage of his position** in which 160 (78%) persons of his teammate strongly agreed, 39 (19%) agreed and 05 (2%) disagreed with this view.
- **He always do justice to the work he has taken in** which 172 (84%) people strongly agreed, 32 (16%) agreed and 01 (0%) disagreed with this view.
- **He influences young javelin Thrower to a great deal** in which 174 (85%) responded strongly agreed, 30 (14%) agreed and 01 (0%) disagreed with this view.
- **He seems to care about his health** in which 180 (88%) person strongly agreed, 24 (12%) agreed and 01 (0%) public disagreed with this view.
- **He has never gotten angry** in which strongly agreed 124 (60%) of the reply, 69 (34%) agreed and 12 (6%) disagreed with this fact.
- **He gets along well with coaches, officials, and younger players** in which 160 (78%) rabblement strongly agreed, 39 (19%) agreed, 03 (1%) reply disagreed and 03 (1%) strongly disagreed with this view.
- **He is too preoccupied to oversee players** in which 153 (75%) person strongly agreed, 44 (21%) agreed, 07 (3%) disagreed and 03 (1%) strongly disagreed with this fact.
- **He has talent for inspiring others** in which 177 (86%) person strongly agreed, 26 (13%) agreed and 02 (1%) disagreed with this view.
- **He dislikes making unimportant complaints** in which 146 (71%) person strongly agreed, 46 (22%) agreed, 09 (4%) disagreed and 04 (2%) strongly disagreed with this view.
- **He has a gentle voice yet is very straightforward** in which 151 (74%) person strongly agreed, 46 (22%) agreed, 04 (2%) disagreed and 04 (2%) strongly disagreed with this fact.
- **To express his personal opinions, he favours established rules** in which 145 (70%) rabblement strongly agreed, 49 (24%) agreed, 06 (3%) disagreed and 5 (3%) strongly disagreed with this fact.
- **He enjoys great favour with his coworkers** in which 177 (86%) person strongly agreed, 27 (13%) agreed, and 01 (0%) disagreed with this statement.

- **He is fond of other sports as well** in which 135 (66%) responded strongly agreed, 65 (31%) agreed and 05 (3%) disagreed with this opinion.
- **He is a religious person** in which 156 (76%) reply strongly agreed, 43 (21%) agreed, 06 (3%) disagreed with this view.
- **He never lets emotions overcome him** in which 137 (67%) person strongly agreed, 60 (29%) agreed, and 06 (3%) disagreed, 2 (1%) persons strongly disagreed with this view.

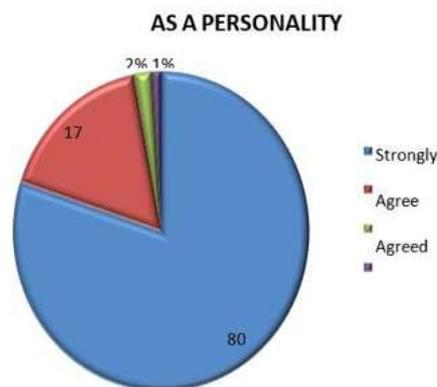
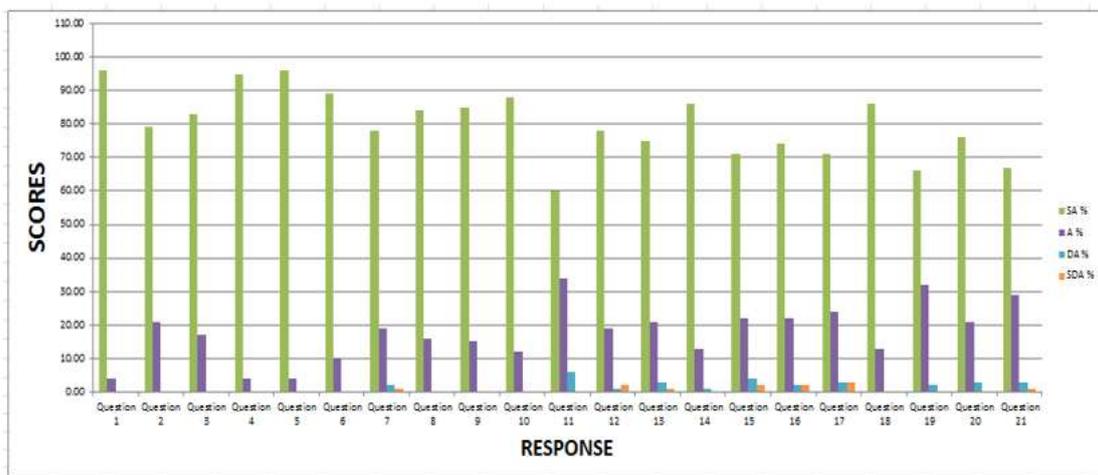


Figure 8 Sumit Antil’s Personality

Finding

During the scholar's study, a rating questionnaire on the Indian Javelin Thrower ideal was given to Sumit Antil’s trainees, teammates, colleagues, contemporaries, sports people,

administrators, coaches, role models, and famous athletes, among others. Most of the 3449 Public (80%) agreed with these statements, 764 (17%) agreed, 70 (2%) disagreed, and 2 (1%) strongly disagreed.

Javelin thrower is in Sumit Antil's interest, and he holds a valuable place in Indian javelin Thrower. Sumit Antil is a very disciplined individual, had a good thinker, humorous, down to earth, and nice guy.

5.2 Sumit Antil as Javelin Thrower (15 statement)

Following is a list of Sumit Antil's contemporaries, colleagues, teammates, and other athletes' ratings of his ability as a javelin thrower:

Table 2 Sumit Antil as Javelin Thrower

S. N.	STATEMENT	SA	A	DA	SDA
1	He never loses his sportsman spirit.	179	25	01	00
2	He practices more than his teammates do.	172	32	01	00
3	He displays confidence in his group.	163	40	02	00
4	He picks up lessons from each argument.	173	29	01	02
5	He has the opinion that in an individual game.	158	44	02	01
6	He is a javelin Thrower with a difference.	171	33	01	00
7	He never loses his composure in stressful or exciting situations.	157	44	03	01
8	He continues to support his teammates at difficult times.	163	39	02	01
9	He sets a good example for other athletes.	189	16	00	00
10	The opinions of onlookers never dominate his performance.	154	46	02	03
11	He plays javelin Throw with a positive set of mind.	180	23	02	00
12	He is extremely picky about how he performs in competitions.	181	22	01	01
13	He is one of India's fittest Paralympians.	186	18	01	00
14	He is a master of reflexive acts.	159	42	04	00
15	He is a technically very sound player.	177	27	01	00

SA – Strongly Agree, A – Agree, DA – Disagree, SDA – Strongly Disagree Results

- **He never loses his sportsman spirit**, 179 (87%) of respondents strongly agreed, 25 (12%) agreed, and 01 (0%) responded negatively to the proposition.
- **He practices more than his teammates do**, with 172 (84%) of the general population strongly agreeing, 32 (16%) agreeing, and 01 (0%) disagreeing.
- **He displays confidence in his group**, of which 163 (80%) strongly agreed, 40 (20%) agreed, and 0 (1% disagreed).
- **He picks up lessons from each argument** where 173 (84%) of the audience strongly agreed, 29 (14%) agreed, 1% disagreed, and 2% strongly disagreed with this information.
- **He has the opinion that in an individual game**, 158 (77%) views strongly agreed, 44 (21%) agreed, 02 (1%) disagreed, and 01 (0%) severely disagreed.
- **He is a javelin Thrower with a difference** in which 171 (84%) person strongly agreed, 33 (16%) agreed and 01 (0%) disagreed with this detail.
- **He never loses his composure in stressful or exciting situations**, with which 157 people (or 77%) strongly agreed, 44 people (or 21%) agreed, 3 people (or 1%) disagreed, and 0 people (or 0%) severely disagreed.
- **He continues to support his teammates at difficult times**, even though 163 (80%) of respondents strongly agreed, 39 (19%) agreed, 02 (1%) disagreed, and 01 (0%) strongly disagreed with this statement.
- **He sets a good example for other athletes**, with which 189 (92%) of the general population strongly agreed and 16 (8%) agreed.
- **The opinions of onlookers never dominate his performance**, as evidenced by the 154 (75%) persons who highly agreed, 46 (22%) who agreed, 02 (1%) who disagreed, and 3 (1%) who strongly disagreed.
- **He plays javelin Throw with a positive set of mind** in which 180 (88%) public strongly agreed, 23 (11%) agreed and 02 (1%) disagreed with this fact.
- **He is extremely picky about how he performs in competitions**, while 181 (88%) strongly agreed, 22 (11%) agreed, 1 (0%), and 1 (0%), strongly disagreed with this fact.
- **He is one of India's fittest paralympians**, according to 186 (91%) of the public who strongly agreed, 18 (9%) who agreed, and 1 (%) who disagreed.

- **He is a master of reflexive acts**, according to 159 (78%) of the public, 42 (20%) of whom agreed and 4 (2%) of whom disagreed.
- **He is a technically very sound player**, to which 177 (86%), 27 (13%) and 01 (0%) people highly agreed.

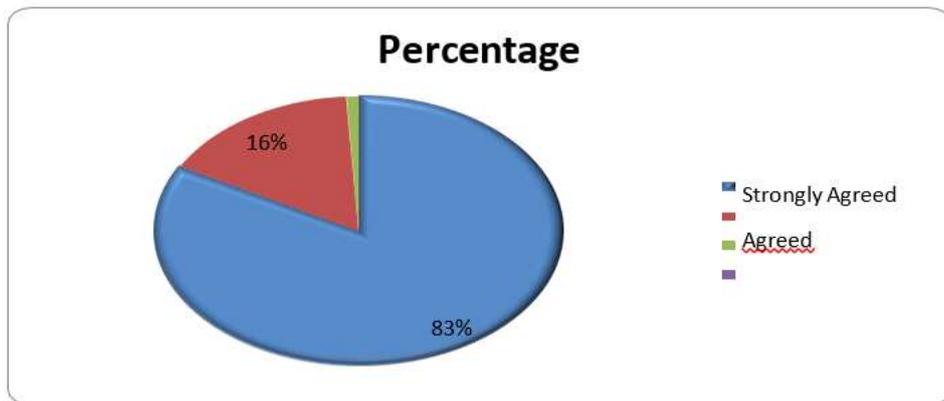
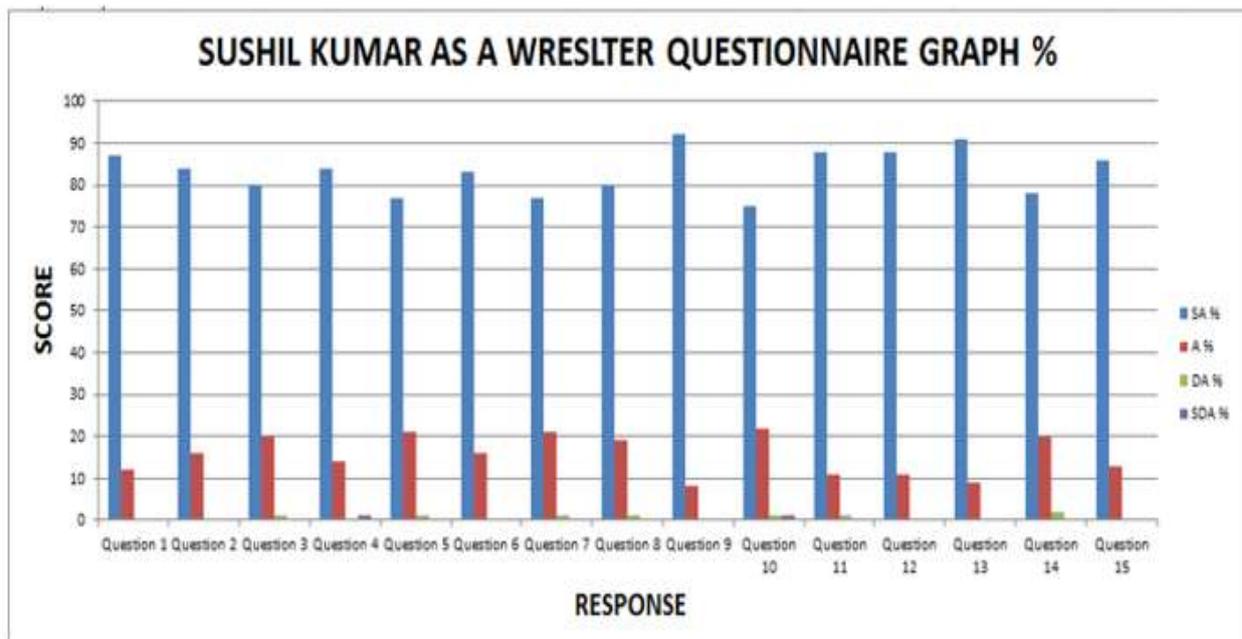


Figure 9 Sumit Antil as Javelin Thrower

Finding

The opinion of Sumit Antil as a javelin Thrower has been solicited from his contemporaries, coworkers, teammates, coaches, trainees, administrators, and sports prominent through the

distribution of an opinion survey. According to the analysis, a total of 2560 respondents (83%) strongly agreed, 480 respondents (16%) agreed, 24 respondents (1%) disagreed, and 9 respondents (0%) severely disagreed with these claims. He is a good player with excellent game control, the fittest Paralympian with quick reactions, and a technically very sound javelin Thrower, making him an excellent role model for young Paralympian in India.

5.3 Sumit Antil as a Role Model (12 statement)

Table 3 Sumit Antil as a Role Model

S. N.	STATEMENT	SA	A	DA	SDA
1	He has consistently attempted to motivate his underclassmen.	169	34	02	00
2	He is renowned for making significant contributions.	186	21	00	00
3	He is a very knowledgeable Javelin Thrower.	109	78	18	00
4	He always shows appreciation for a player's efforts as a kind of motivation.	160	35	03	00
5	He has expressed admiration for a good, bias-free game.	154	46	01	04
6	He is well aware of the growing level of competitiveness in sports.	165	36	03	01
7	He highly supports holding camps to choose talented players.	170	32	03	00
8	He is constantly receptive to insightful thoughts and proposals.	165	38	02	00
9	His methodical approach to Javeling Throw is unmatched.	163	38	03	01
10	His passion for javelin Throw has enabled many new players.	179	26	00	00
11	He has always been sincere in his work.	173	31	01	00
12	He was serious and honest in his response to his assignment.	176	27	02	00

SA – Strongly Agree, A – Agree, DA – Disagree, SDA – Strongly Disagree Results

Indian Javelin Thrower Ideal - Sumit Antil as a Role Model Paralympian Sumit Antil.
There were 12 statements in total in this table showing that

- **He has consistently attempted to motivate his underclassmen**, and 169 (82%) of the general public strongly agreed, 34 (17%) agreed, and 2 (1%) strongly disagreed with this perspective.

16914

- **He is renowned for making significant contributions** to Indian Javelin Thrower, with which 186 (91%) of respondents strongly agreed and 21 (10%) agreed.
- **He is a very knowledgeable Javelin Thrower**, according to 109 (53%) respondents who strongly agreed with this statement, 78 (38%) who agreed, and 18 (9%) who disagreed.
- **He always shows appreciation for a player's efforts as a kind of motivation**, to which 160 (78%) of the crowd responded "strongly agreed," 35 (17%) "agreed," and 3 (1%) "disagreed."
- **He has expressed admiration for a good, bias-free game** in which 154 (75%) of the public strongly agreed, 46 (22%) agreed, 1 (0%) and 4 (2%) strongly opposed.
- **He is well aware of the growing level of competitiveness in sports**, with which 65 (80%) strongly agreed, 36 (18%) agreed, 3 (1%), and 1 (1%) strongly disagreed.
- **He highly supports holding camps to choose talented players**, with 170 (83%) strongly agreeing, 32 (16%) agreeing, and 3 (1%) disagreeing.
- **He is constantly receptive to insightful thoughts and proposals**, with which 165 people (80%) strongly agreed, 38 people (19%) agreed, and 2 people (1% disagreed).
- **His methodical approach to Javeling Throw is unmatched**, as evidenced by the 163 (80%) public responses that highly agreed, 38 (19%) that agreed, 3 (1) that disagreed, and 1 (1) that severely disagreed with this fact.
- **His passion for javelin Throw has enabled many new players** to establish themselves, as seen by the 179 (87%) population who strongly agreed and the 26 (13%) who agreed with this remark.
- **He has always been sincere in his work**, with which 173 (84%) people have expressed strong agreement, 31 (15%) agreement, and 1 (1%) disagreement.
- **He was serious and honest in his response to his assignment**, with which 176 (86%) people greatly agreed, 27 (13%) agreed, and 0 (1%), disagreed.

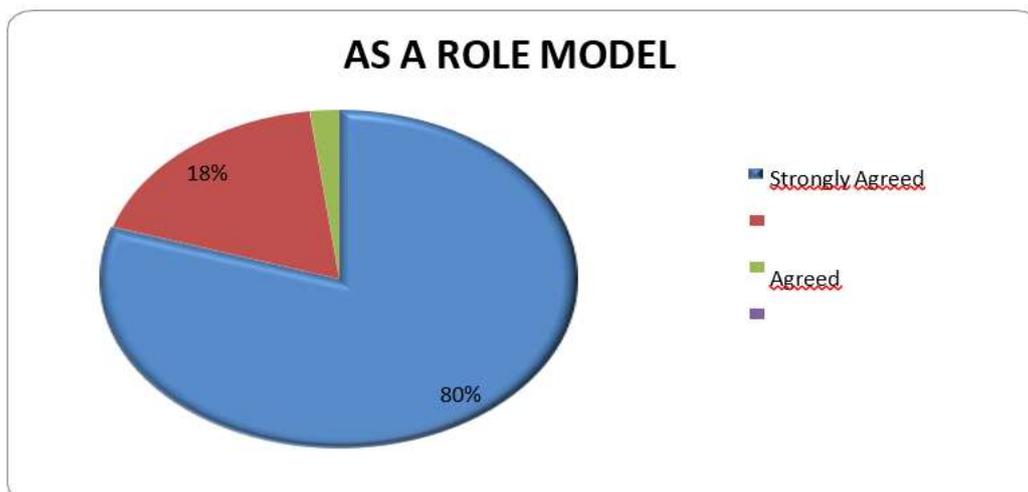
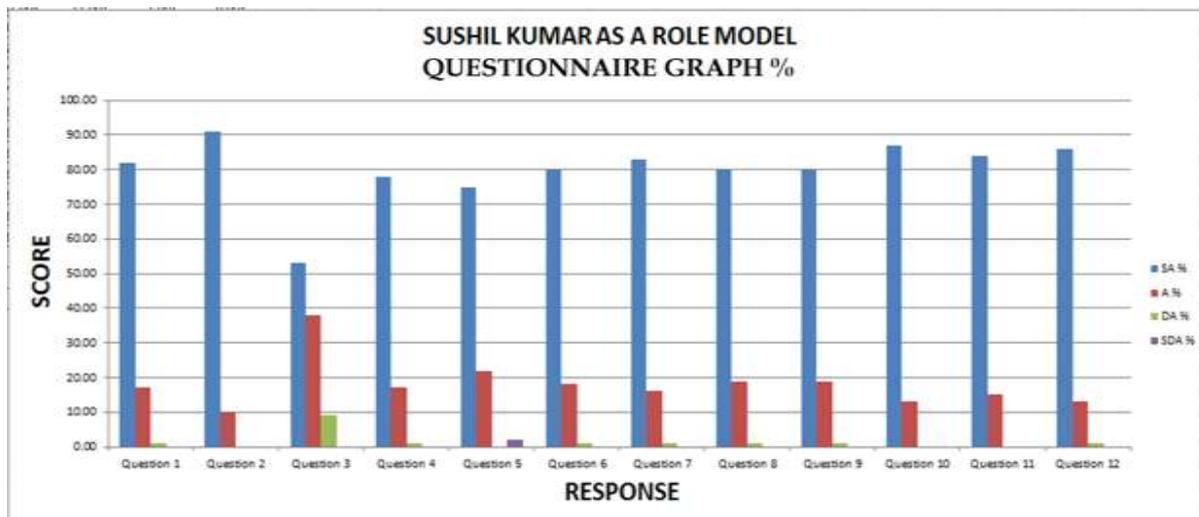


Figure 10 Sumit Antil as a Role Model

Finding

There are a total of 12 statements in this table that reflect the opinions of Sumit Antil’s teammates, coaches, trainees, administrators, and illustrious sports figures. Of those, 1969 (80%) of the general public strongly agreed, 442 (18%) agreed, 38 (2%) disagreed, and 6 (0%) strongly disagreed with the statements. He inspires young people and offers insightful advice. He does his work quite honestly as well. Sushil Kumar is a role model for our younger generation as a consequence.

5.4 Sumit Antil as a Motivator (14 statement)

Table 4 Sumit Antil as a Motivator

S. N.	STATEMENT	SA	A	DA	SDA
1	He is quite knowledgeable about javelin throwing.	169	19	15	02
2	He is an ideal in javelin Throw.	125	45	35	00
3	His skills for javelin Throw.	123	54	28	00
4	He is excellent at inspiring talented players.	138	45	22	00
5	He motivates athletes by quoting legendary athletes.	142	40	23	00
6	He bases every aspect of his daily plan for the players on motivation.	125	52	28	00
7	He coaches and trains in fatherly way.	129	49	27	00
8	He used to encourage trainees for mutual discussion.	126	49	25	05
9	He is constantly open to new ideas.	140	41	22	02
10	His performance is both motivating and interesting.	143	37	22	03
11	He treats every Javelin Thrower equally.	134	47	21	03
12	He acts in a well-thought-out manner.	142	41	20	02
13	He makes very earnest attempts.	152	28	20	05
14	He excels at giving justifications.	154	29	20	02
	Total	1942	576	328	24

A – Strongly Agree, A – Agree, DA – Disagree, SDA – Strongly Disagree Results

Indian Javeling Throw Ideal:- Sushil Kumar as a motivator

Sumit Antil, who was once a very exceptional and technically skilled athlete, is aware of the various problems with motivating athletes and knows how to address them.

He is quite knowledgeable about javelin throwing, as evidenced by the following statistics: 169 (82%) Public strongly agreed, 19 (9%) agreed, 15 (7%) disagreed, and 2 (1%) severely disagreed.

- **He is an ideal in javelin Throw**, according to 125 (61%) of the population, 45 (22%) of whom agreed and 35 (17%) of whom disagreed.
- **His skills for javelin Throw** were supported by 123 (60%) of the mass, 54 (26%) of the

agreement, and 28 (14%) of the disagreement.

- **He is excellent at inspiring talented players**, with 138 (67%) of the public strongly agreeing, 45 (22%) agreeing, and 22 (11%) disagreeing.
- **He motivates athletes by quoting legendary athletes**, to which 142 (69%) respondents strongly agreed, 40 (20%) agreed, and 23 (11%) disagreed.
- **He bases every aspect of his daily plan for the players on motivation**, with which 125 (61%) strongly agreed, 52 (25%) agreed, and 28 (14%) disagreed.
- **He coaches and trains in fatherly way** in which 129 (63%) people were strongly agreed, 49 (24%) agreed and 27 (13%) disagreed with this opinion.
- **He used to encourage trainees for mutual discussion** in which 126 (62%) public strongly agreed, 49 (24%) agreed, 25 (12%) disagreed and 5 (2%) strongly disagreed with this fact.
- **He is constantly open to new ideas**, and 140 (68%) of the public responded that they strongly agreed with the assertions, whereas 41 (20%) agreed and 22 (11%) strongly disagreed.
- **His performance is both motivating and interesting**, and 143 respondents (70%) strongly agreed, 37 respondents (18%) agreed, 22 respondents (11%) disagreed, and three respondents (1%) severely disagreed with this statement.
- **He treats every javelin Thrower equally**, with 134 (65%) of the public strongly supporting this claim, 47 (23%) agreeing, 21 (10%) disagreeing, and 3 (1% strongly disagreeing).
- **He acts in a well-thought-out manner**, as evidenced by the responses of 142 (69%) respondents who strongly agreed, 41 (20%) who agreed, 20 (10%) who disagreed, and 2 (1%) who severely disagreed with this fact.
- **He makes very earnest attempts**, as evidenced by the 152 (74%) public members who highly agreed, 28 (14%) who agreed, 20 (10%) who disagreed, and 5 (2%) who severely disagreed with this fact.
- **He excels at giving justifications**, as seen by the 154 (75%) public members who highly agreed, 29 (14%) who agreed, 20 (10%) who disagreed, and 2 (1%) who strongly disagreed with this remark.

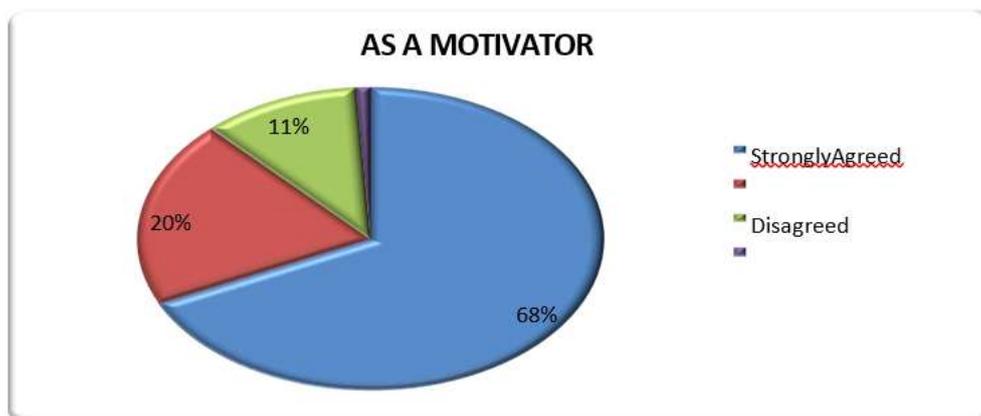
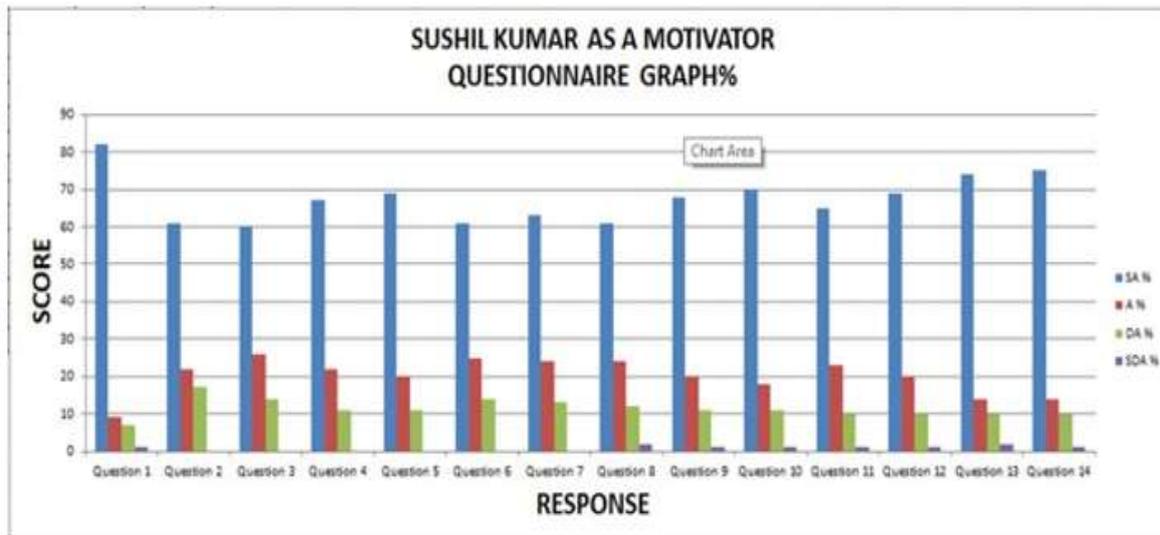


Figure 11 Sumit Antil as a Motivator

Finding

Sumit Antil's personality as a motivator was the subject of an opinion rating questionnaire during the scholar's survey that included questions for trainees, teammates, coworkers, contemporaries, sportspeople, administrators, coaches, role models, and sports celebrities, among others. The majority of respondents (1942) (68%) strongly agreed, followed by 576 (20%), 328 (11%) and 24 (1%) who disagreed.

6. CONCLUSION

The comprehensive methodology employed in evaluating Sumit Antil's personality, skills as a javelin thrower, role as a motivator, and his standing as a role model provided rich insights into his character and impact within the realm of sports. Through meticulously

crafted opinion rating surveys, perspectives from a diverse range of stakeholders including teammates, coaches, contemporaries, and the wider public were solicited and analyzed, resulting in a nuanced understanding of Sumit Antil's contributions to the sporting world. Across all facets examined, Sumit Antil emerged as a figure widely revered and admired. His exceptional talent as a javelin thrower was evident, underscored by his dedication to physical fitness and his ability to lead by example on the field. Moreover, his role as a motivator and inspirer of fellow athletes was highlighted, with respondents consistently praising his ability to uplift and encourage through his words and actions. As a role model, Sumit Antil exemplified the qualities of integrity, sincerity, and dedication, garnering admiration for his unwavering commitment to his craft and his willingness to support and mentor others in their athletic endeavors. His impact extended beyond the confines of sports, serving as an inspiration to aspiring athletes and individuals striving for excellence in their respective fields. In conclusion, the findings from the surveys affirm Sumit Antil's status as a highly respected and influential figure in the world of sports. His exemplary character, outstanding athletic abilities, and dedication to uplifting those around him make him not only a standout performer but also a beacon of inspiration for future generations of athletes. Sumit Antil's legacy serves as a testament to the transformative power of passion, hard work, and unwavering determination in achieving success and leaving a lasting impact on the world stage.

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