

Welcome Medknow with new guidelines

Dear Colleagues,

It gives us an immense pleasure to release the first issue of *International Journal of Food and Nutritional Sciences* (IJFANS) for the year 2020 in your hands published by international publishers, Wolters Kluwer – Medknow. IJFANS is an official publication of the International Association of Food and Nutrition Scientists (IAFANS). Researchers from all across the globe have recognized this Journal and have been keenly looking forward for new editions. Now, with the publishers like Wolters Kluwer – Medknow, you will get good service. Better quality and high standard articles are expected from all of you to get better visibility in the scientific arena.

This issue has a review article by Dr. Ravinder Singh, President, IAFANS, and Scientist, ICMR, Hqrs, New Delhi, on an interesting topic diet and COVID-19 a need of the hour to all populace of the globe. About the original articles, we have four in which first three articles focus on Food Science and the fourth one with Clinical Nutrition. The first one by Ms. Anuruddika Hetti Hewage *et al.* has come out with the interesting findings on utilization of pumpkin powder as a functional food. Dr. Jen-Hua Cheng *et al.* has given their findings on the effect of spices on the quality of pork patties, which will be more interesting and useful to the readers. The view point by Dr. Angaman *et al.* makes you to think about the use of edible insects sold in the market for food purpose. It is really quite interesting to the public to know more facts about this from the article. The fourth one belongs to the category of clinical nutrition, in which Dr. Syeda Nasreen has given the interesting findings on the glycemic response of the multigrain chapatti in healthy individuals.

The first issue of the Journal with Medknow gives you the detailed instructions of how to submit an article to the Journal, be it an original article, a review, case report, or others. Please read the instructions carefully and follow them correctly before uploading your article to the Journal's website. If you do not send the article according to the instructions, the article will come back with an

editorial review stating you to follow and modify the article, which will result in a delay in processing the article. Please upload your article using this link <http://www.journalonweb.com/ijfns> as an author, after registering yourself as an author. Everything is time bound, and your articles will be processed accordingly.

We hope you will enjoy reading this issue, and you can send me your comments in the form of letters to the editor.

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