

FOSTERING 21ST CENTURY SKILLS IN SCHOOLS WITH HOLISTIC DEVELOPMENT

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ABSTRACT

In this Global world, children are growing up with knowledge of digital technology along with this students require multidimensional approach to understand better with their learning experiences they should emphasize upon the hands on experience with fostering 21st century skills in their young minds which make children to foster with different 21st century skills and abilities in the leaning process. Students learn to acquire with greatest competent nature in this global world . Students will focus on developing their capacities for innovation, they engage themselves with interdisciplinary activities which conferring with knowledge and successful explanation of concepts with essential elements in this real world. Students need to give attention towards a competent world with full of difficulties ,facing to solve different problems in this complex world. Students need to learn 21st century skills and how to overcome problems with proper remedies and prepare for themselves in tackling different problems in this global world such that they with stand with proper holistic development. In this 21st century students main objective must be geared with the enhancing of the capabilities, abilities and skills enlarging choices and developing agencies with building different dimensions with a given context. Personal development is the pursuit of developing, mastering the skills that help us to become that we can with all the realizations of the full potential as we are the human beings. We can accomplish any thing in our life's and realize our full potentialities and materialize an effective sequence of choices so as to achieve the desirable effect.

KEY WORDS: 21st century skills, holistic development , digital world, multidimensional approach.

INTRODUCTION

A skill is a learned activity or the capacity which help to do a task in an effective manner. It makes our ability to do a regular practice for our usage. The skills require lot of patience and positive attitude. The 21st century skills makes younger generation to manage the issues effectively and troubles to be in our life. For every human being 21st century skills are required for their full potential to handle different problems in our life . Every society and community has to work hard towards promoting adolescent children when young adolescence can acquire knowledge, attitude, values, morals etc, these benefits in a variety of ways. 21st century skills make the individuals with building of good qualities to the next generation thus automatically influencing the future generations. In this 21st century skills to fulfill their objectives of education which must be geared towards increasing their abilities and capabilities to enhance

choices of every individual in different dimensions. Personal development is the pursuit of developing and mastering the 21st century skills that help us to become the best which we have to realize for themselves, the challenges of children and young people are required to move with their own decision making skills which involves powerful behavioral outcomes with a proper strategy, as the world becomes more complex and unpredictable the 21st century skills will give students to start with a head and they can be able to handle uncertainty with enhanced mental strength. 21st century skills with the educational content should be therefore remove all the stereotyped concept and age old norms which persist , 21st century skills are the skills which makes the human beings to acquire directly or indirectly with their experiences that can be handle problems and questions commonly encountered in our daily life. The basic element of the 21st century skills is the ability to create and materialize the things according to give effective sequence in order to achieve the things.

OBJECTIVES OF THE STUDY

- ❖ To develop 21st century skills among children in different schools.
- ❖ To know about better practices of 21st century skills in schools.

METHODOLOGY

21st century skills can be acquired through different methods of teaching and learning process which can be employed to handle the problems very easily which arises in our day to day life of every human being. 21st century skills are managing and living a better quality of life which accomplish our ambitious life to fulfill our full potential skills. 21st century skills are our abilities for adaptive and positive behaviour that enable us to deal effectively with demand and various challenges of every day life with psycho social competencies. 21st century skills are the human skills which can be acquired through direct experiences or through teaching which can handle our own problems which are related directly to the community or the society with different social norms. It is widely accepted that a skilled person use less time and less energy and resources to do a job and produces a qualitative product and results. There are different kinds of skills such as literacy skills, language skills, recreation skills, life skills etc.

Literacy skills are enables the individual to learn, read, and write very creatively as much as possible.

Language skills makes the individual to communicate to each other either through speech or through writing skills.

Recreation skills the capacity to enlighten the spirits of group as a member in the group like singing, dancing, painting and many more etc.

Life skills are the capacity to translate knowledge, attitude and values into the abilities of the individual to decide what the works to be done, when to be done , how the things to be happen and can be done well.

Giving responsibilities to students to make them manage time and learn various values for sustaining a proper life.

The decision making process involves recognizing the problem with collection of all the data and with a process of course of action, making a thoughtful decision.

Increasing of leadership roles majorly in schools and colleges with full voice of students with their high levels of thinking skills, creativity skills, and academic goal setting skills.

IMPORTANCE OF 21ST CENTURY SKILLS

Imparting 21st century skills through inculcating education which helps the human beings to overcome many difficulties in their life's. 21st century builds up the individual in producing positive health, behaviour, positive relationship and well being of an individual. They enhance the well being of a society and promotes positive outlook and healthy behaviour it enables the individual to enhance 21st century skills.

- ❖ 21st century skills is very essential for every individual in order to be successful in their life's with lot of realities.
- ❖ 21st century skills provide solutions to real life issues where human beings face everyday, the prior training helps out the human beings from the spot or risking embarrassment.
- ❖ It helps to develop the life skills in their life's which will be creative thinking, critical thinking, coping with stress, empathy, coping with emotions, problem solving skills, communication skills, etc.
- ❖ It helps to apply 21st century skills in all spheres of life as it is essential to promote mental well being and competency among young people which they face the realities of the life and society.
- ❖ 21st century skills are applied generally in the context of health and social issues of concern identifying problems in personal life and handle everyday situations in a positive manner.
- ❖ It handles to sparkle our imagination and creativity in the minds of the individuals as well as to increase self esteem of the students.
- ❖ It assists to realize how to cope up with the emergency and danger situations and different challenges in their day to day life.
- ❖ It encourages learners to be independent and work hard for what they want to be for themselves.
- ❖ 21st century helps to realize that learners identify problems in their lives and find positive ways to handle any situations.
- ❖ It helps to builds up confidence among the learners to strive to realize every individual and to build up solid futures for high risky students.
- ❖ 21st century skills builds up relationship between individuals and family members such that they can be different positive ways to interact with one another.
- ❖ 21st century makes the individual more comfortable for the individual and self assured in the public speaking to become more positive in their day to day lives.

REMEDIES FOSTERING 21ST CENTURY SKILLS

In order to be successful in our day to day lives every individual requires 21st century skills which are essentially significant at every stage of life with a valuable psychological trait, feelings and behaviour with a psycho social competencies, interpersonal competencies that makes people informed decisions, solve problems, think critically, and creatively communicate effectively, build healthy relationship, empathize others and coping with managing their lives in a healthier and productive manner.

- **MOTIVATION** : Motivation is the first and foremost significant concept to build up for themselves to adopt for socially and acceptable patterns of life styles with various strategies consisting of group of people combined together to help people and identifying their talents and directing them in choosing appropriate skills and abilities.
- **INDEPENDENCE** : Being responsible for yourself and if you don't worry about your self, no body else is going to do it for you. Being independent in learning the activities of 21st century skills at their own the sole person is responsible for yourself with in 24 hours a day and 7days per week if this is responsible for your self then 21st century skills are coping up and learned by every learner.
- **NOTE TAKING** : Note taking is an important factor which is going to happen at our life which depend upon our activities that have to be done in the meetings, seminars, conferences, which will master our life skills in a proper way with 21st century skills in a positive behaviour to find a proper solution.
- **RESOURCEFULNESS**: students should facilitate with a full of resources which makes a great possibilities to find a best options with our budget and life style which is widely needed with our livelihood to full fill every individuals economic satisfactory goals.
- **PRIORITIZING** : Every thing is to be done based upon the level of the significance of work in teaching methods which can be beneficial for developing the 21st century skills in our way of life which can implement to find solutions to the problems.
- **WORKING WITH PEERS** : Every individual at their work place coping with various activities which makes every individual to be done around them to implement 21st century skills whether directly or indirectly with a proper implementation which will be suitable in a productive manner.

CONCLUSION

Students require 21st century skills in order to have betterment in their career and life which is very much essential for students to learn valuable morals and values in their life with prioritizing different tasks with education to integrate the growth and development of young people in a positive direction with a positive thinking power and positive actions.

“ Live as if you were to die tomorrow, Learn as if you were to live forever.”
MAHATMA GANDHI.

Students by engaging themselves in exploring the ideas and thoughts in different aspects to facilitate with practical involvement and practical experiences which is being more effective to learn with all the pros and cons of every problem or the issue by which the young peoples can face it with all the realities for healthier , happier and successful life as the holistic development of the child with life's challenges which is most essential in life to flourish ever changing atmosphere which we need to develop or learn 21st century skills to implement in our day to day life to grow for our selves and become healthy and strong considering and allowing individuals to be apparent that every one will potentially have a different list of skills which they consider most necessary in their life's.

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